

Carob Almond Bark. Carob comes from the locust tree, a Mediterranean evergreen. The pods are dried, roasted, and ground. The result is a lovely chocolately look. This recipe is a delicious alternative to regular chocolate bark. The ingredients are few:

1 cup of sweetened carob chips
1/2 cup almond or peanut butter
1/2 cup of almonds

Melt the carob chips in a double boiler until smooth, stirring constantly. Add the nut butter and the almonds and mix well. Let the mixture cool for a bit, then spread it in a thin layer onto wax paper and place it in the freezer for about half an hour. And, voila, **Carob Almond Bark.**

Now, let's make super delicious, super easy **Date & Nut Balls.** All you need is:

200 grams dates
200 grams walnuts
Extra ground walnuts for decoration

Grind the dates and walnuts and mix them together well. Form little balls and roll them in the additional ground walnuts. These yummy **Date & Nut Balls** will store well in the fridge for about a month, so don't eat them all at one time!